

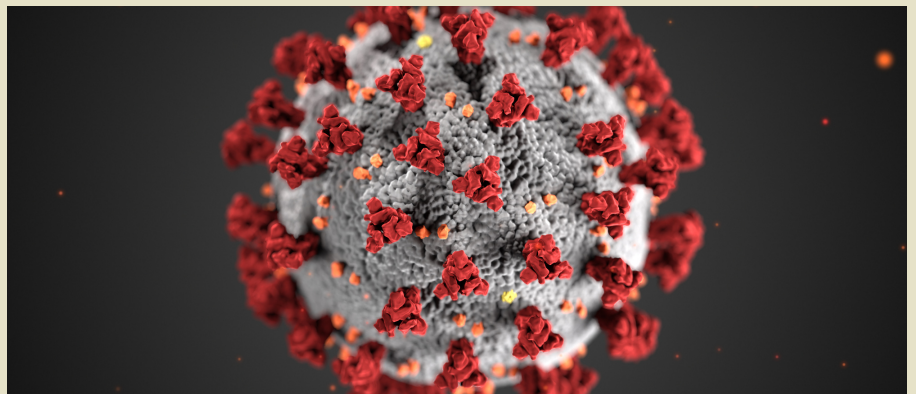
MIRAFLORES TIMES



Colegio Miraflores Ourense Student Publication

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COVID 19 SITUATION IN OURENSE

The things you need
to know.

Text & Photos by
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The Sanitary Council of Ourense will implement new restrictions in the city to combat the advance of the Corona-Virus.

The Regional Minister Julio Garcia Comesaña, has confirmed that the new measures prohibit any kind of meeting between friends and other family members not living in the same household. And has not ruled out further confinement if the situation does not improve.

In addition, restaurants and cafes can open throughout the city, but only people who live under the same roof can be together.

It is the first time that this type of measure has been adopted.

In this way, the O Couto neighbourhood remains at level 3 of restrictions, while the rest of the city is at level 2.

The counsellor pointed out that if needed the rest of the city will also go to level 3.

The mayor, Gonzalo Pérez Jácome, announced during a council meeting the province recorded 85 new infections in the last 24 hours, a figure that was not reached in a single day since the end of April. The Ourense, Verín and O Barco de Valdeorras Health Area already has 850 active cases. The security precautions within the city are as follows:

- Use of masks on the street and inside public places.
- Cover the nose with the mask
- Wash your hands with soap and water.
- Keep distance of 2 meters
- Use sanitising gel every so often.

Student Life



HALLOWEEN

Text & Photos by Sofia Molinari , Antia Alvarez and Daniel Perez.

Historical significance of Halloween.

Halloween is usually celebrated on October 31st. The reason why Halloween is celebrated has origins in the Celtic culture; this celebration was called SAMHAIN. It was celebrated for the end of the summer harvest. In this way they began the 'Celtic New Year'. The ancient Celts believed that October 31st was the day of the dead and that they were all around us. Halloween is a holiday, also known as the day of the dead.

Halloween in the Modern day

The tradition is to dress up as something for example a witch, vampire or ghost.

You also go around the houses saying trick or treat, and the owner gives you sweets. Decorations are optional, although it's very popular in some countries like United States to decorate the outside of your house.

Many people buy pumpkins and carve something into them like a face or a scary drawing. It is also decorated with fake cobwebs and garlands, but each pumpkin can be decorated to your liking.



School Celebrations

How will we celebrate it?

This year is ultimately going to be different. We will take a safe distance and above all not have much physical contact. We will have to sanitise our hands as well. At school each class will celebrate Halloween within their classrooms, because we should not mix with the other courses.

What are Halloween costumes?

Each person disguises themselves as he or she likes. Examples can be: vampires, ogres and ghost. Daniel Pérez for example likes the costumes of: Frankenstein and vampires. Sofia Molinari likes the costumes of: cats and ghosts. Finally Antía Álvarez likes those of: witches and murderers.

School Sports



BADMINTON WHAT IS IT?

Text & Photos by Christian Blanco, Nico Figueiredo, Borja Rodriguez.

Badminton is a racket sport in which two players (singles) or two pairs (doubles) face each other on opposite halves of a rectangular court divided by a red one.

Unlike other racket sports, badminton is not played with a ball, but with a shuttlecock.

The players must hit the shuttlecock with their rackets so that it crosses the track above the net and falls into the opponent's sector.

The point ends when the shuttlecock touches the ground, after passing the net.



BADMINTON IN MIRAFLORES

Badminton in Miraflores is coached by both Sara Galicia and Oscar Rodríguez . We train in the Miraflores pavilion gymnasium on Tuesdays and Thursdays from 5:00pm to 6:00pm .

At the moment we are training English Doubles which is when two players are on either side of the court and they have their own area of play where they protect from the shuttlecock.

Normally we would be playing in competitions but because of the Corona Virus Pandemic we have been unable to play any so just training for now.



Spotlight Interview

LORETO

Text and Photos by Ines Guzman, Adriana Vieira and Beatriz Alvarez

1. Do you play any sports?

Nowadays I don't play any sports but I did rhythmic gymnastics when I was younger.

2. Why did you start to practice gymnastics when you were a child?

I started to do rhythmic gymnastics because my sister practised it and I went to see all of her competitions.

3. And your favourite apparatus?

My favourite apparatus is ribbon.

4. What's your favourite gymnastics club?

My favourite clubs of rhythmic gymnastics are Almara Burjassot and Gimnasia Pavillón.

5. Why did you decide to become a coach of gymnastics and a school teacher?

I decided to be a coach because when I was a gymnast, I always wanted to teach/train kids. I decided to be a teacher because I aspire to be like a teacher who taught me.

6. What classes do you want to teach when you become a teacher?

I'd like to teach 1st or 2nd of primary, but obviously 6th of primary in MIRAFLORES is the BEST!!!

7. Where do you study to become a teacher?

I am studying to become a teacher at the university in Ourense.

8. Do you like training to become a teacher here at Miraflores?

Yes, I do. Ricardo and the students are very nice.