# MIRAFLORES TIMES



Colegio Miraflores Ourense Student Publication

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Text & Photos by Beatriz Álvarez Fernández, Antía Álvarez Blanco and Sofía Molinari Atrio

# OF ALARM IS DUE TO END IN SPAIN

THE STATE

#### End to the State of Alarm

The President of Spain, Pedro Sanchez, has made it clear that the government wasn't expecting to extend the current state of alarm. A degree of state law which was put in place on March 14th 2020, to combat the Covid 19 pandemic situation. Within the recent state of alarm there were three main regulated measures that limited fundamental rights; nighttime curfews, perimeter lock downs and social gatherings. But from May 9th, the regions will be in charge of implementing their own restrictions, depending on the individual circumstances they find themselves in.

In Galicia, the regional government has lifted the perimeter lock down of the region and the nighttime curfew, except in the districts where the 14 day cumulative number of cases per 100,000 inhabitants is above 500. The region has also pushed back the closing times of bars and restaurants until 11pm and 1am. Social gatherings of people of different households are prohibited from 1am to 6am.

These general restrictions will be in place for the entire country, until 70 percent of the population and all over 50's have been vaccinated.

# **Student Life** DIA DAS LETRAS GALEGAS



Text & Photos by , Matías Domínguez González, Daniel Pérez Domínguez, Jacobo Rodríguez Rodríguez and Nicolás Figueiredo Vallejo



Galician Literature Day is a celebration to honour people who stood out for their literary contribution to the Galician language. This day has been celebrated every year on the 17th of May since its inauguration in 1963. The Royal Galician Academy dedicates the day to a different writer in the Galician language, and only to writers who have passed away for the period of ten years or more are eligible.

The first writer to have been honoured was Rosalia de Castro, a 19th century writer who holds great importance to the history of Galician literature. Her decision to write her early pieces in the Galician language was a defiant act that won her the love and admiration from many Galicians who spoke the language at home or on a daily basis.

This year the person who was honoured is Xela Arias, a writer, poet and translator, born on the 4th March 1962 in Lugo. Her book Dario a Diario, a collection of poems, is one of her well known and acclaimed pieces, which was dedicated to her son.

This year, Colegio Miraflores students celebrated Dia das letras galegas by posting collaborative videos on the schools youtube page, in honour of this important day.





# Featured Sport



# KARATE

Text & Photos by Borja Rodríguez Boo, and Juan González Álvarez, Christian Blanco Tesouro



Karate is a Japanese martial art in which punches, kicks, elbow and knee strikes as well as open hand strikes are allowed. It can be practised as art (budō), self-defence, or as a combat sport. In its current form, Karate is less than 200 years old, yet it has roots that go back thousands of years. Karate originated during the sixteenth century in the country of Japan, more specifically from the Okinawa islands. It was developed as a method of unarmed self-defence, which was heavily influenced by ancient Chinese martial arts, collectively known as Kung Fu.

As students progress through their rankings by passing the qualifying exams, they are presented with a belt of a different colour. White represents the starting level, and Black represents the true expert having the highest rank.

If interested in this very unique sport, you can join the Karate club as a part of the Miraflores sporting club.

The Karate club trains every Monday and Wednesday with Sensei or coach Jony. The club trains both in the indoor facilities of the school and outside on the football field, but this depends on the weather. At the moment the students are training for their qualifying exams, where they will be performing a routine in order to display their skills. If performed well, the students will be elevated to the next level and they will receive their new belt.







# Spotlight Interview TEACHER MARGA

Text and Photos by Inés Guzman Domínguez, Adriana Vieira González and Gina Tarragó Mestre

**1: Where did you study to become a teacher?** I studied to become a teacher at the University

of Santiago de Compostela.

#### 2: Which subjects do you teach here at school?

I teach Technology, Visual Arts and Programming in the ESO.

## 3: Before you became a teacher what did you do for a job?

I was working in different companies as an engineer.

#### 4: What are your hobbies?

I enjoy being with my kids, going to the beach, watching a film in the cinema and reading.

## 5: Do you have a book or film recommendation for us?

Yes, my book would be 'Cien Años De Soledad' by Gabriel García Márquez and my film 'Pretty Woman' with Julia Roberts.

### 6: Do you have any pets?

I have a cat his name is Missy and a dog her name is Lisa.

7: What's your favourite animal? I would say my favourite animals are dogs.

8: How many languages do you speak?

I speak Galician, Spanish and English.

**9: What's your favourite food?** My favourite foods to eat are pizza and salad.

10:Finally, which class in the school is your favourite? In general, honestly I love all the classes.

Images derived from: Google Images 2020-21 6th Grade Miraflores Journalism Class



Art work By Juan González Álvarez

